

Safety – Crime Prevention



Presented by:
Guidance for Change

www.guidanceforchange.org

Overview

Safety Planning Description

SAFETY AND CRIME PREVENTION WORKSHOP

There are safety tips that are available for many areas including house safety, public safety, child protection, community safety, fraud safety, internet safety, and school safety.

We will discuss tips such as tips on how to stay safe (e.g., meet at public places, let people know where you are going, take a cell with you, etc..)

We will also discuss how to take the safety information that is available and use it in our daily habits by creating safety plans and reminders.

By planning for safety we can assist in making a
safer society.

Safety Planning

Objective

- ✓ Introduction to Safety Planning
- ✓ Assist you for safety planning that you can use in your daily life

Scope

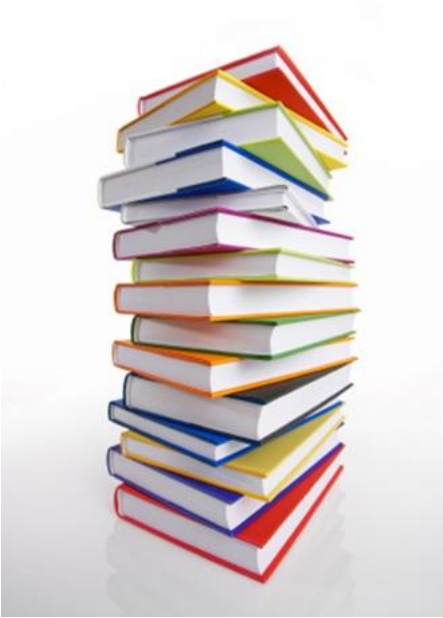
- ✓ Safety planning for personal safety
- ✓ Safety topics of your interest

Agenda

1. Overview
2. Strategy for Using Safety Information
3. Example 1 – Personal Safety
4. Example 2 – Meeting Strangers
5. Conclusion

Strategy

Lots of Information is Available



House Safety

Public Safety

Child Safety

**Community
Safety**

Fraud Safety

**Internet
Safety**

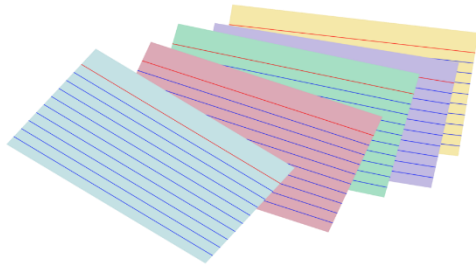
**Car
Safety**

How can we use what we need from safety guidelines that are available?

How can we use what we need from safety guidelines that are available?

We will discuss practical examples.

- Planning
- Reminders



Need to be able to come up with plan to use the information that is out there to be safe.

How Often to Remind Ourselves

- Different frequency for different tasks

Daily

**Just when you
do the task**

**Several times
per day**

Whatever works best for you.

Example 1

Personal Safety

Example 1 – Personal Safety

Seek information that is available:

Crime Prevention - Personal Safety Information

Lots of information.

I will discuss Summary of Information.

Example 1 - Summary

Be aware of your surroundings.

- Texting, talking on the phone

Be prepared. Have keys in hand.

- Vehicle or home

Avoid isolated areas. When possible, always park in a well-lit area.

- Shrubbery, dark doorways, isolated areas
- Someone can assist you if needed
- Park lit area, car doors locked at all times

Never risk your personal safety for valuables.

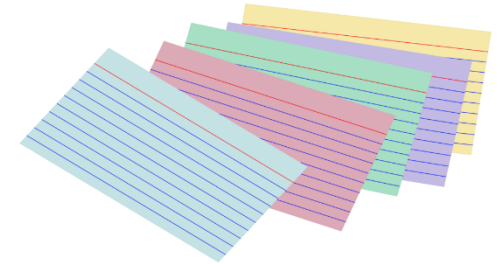
- Give your purse, car
- Your safety is most important thing

Example 1 – Aware of Surroundings

Be aware of your surroundings.

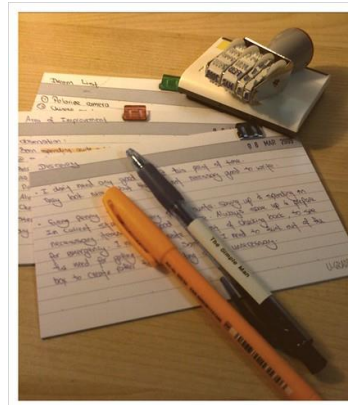
- Texting, talking on the phone.

- Plan - How could you plan to do this?
- Remember - How could you remember to do this?
- Long Term Plan – Keep doing this over time?



Search

“How to remember ...”

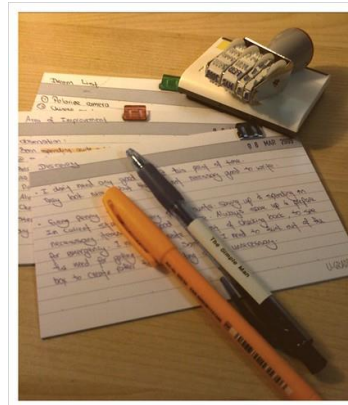
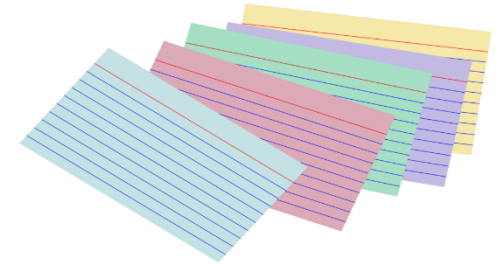


Example 1 – Keys

Be prepared. Have keys in hand.

- Vehicle or home

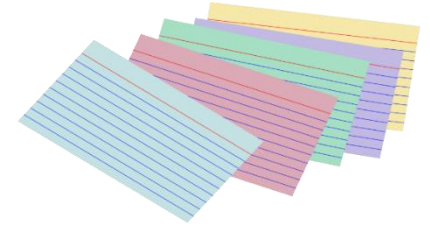
- Plan - How could you plan to do this?
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- Long Term Plan – Keep doing this over time?



Example 1 – Aware of Surroundings

Avoid isolated areas. When possible, always park in a well-lit area.

- Shrubbery, dark doorways, isolated areas
- Someone can assist you if needed
- Park lit area, car doors locked at all times



- Plan - How could you plan to do this?
- Remember - How could you remember to do this?
- Long Term Plan – Keep doing this over time?

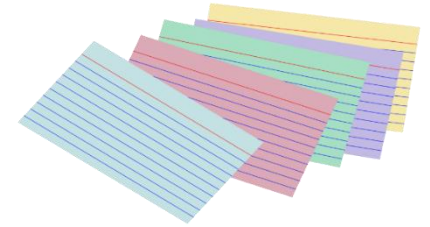


Example 1 – Aware of Surroundings

Never risk your personal safety for valuables.

- Give your purse, car
- Your safety is most important thing

- Plan - How could you plan to do this?
- Remember - How could you remember to do this?
- Long Term Plan – Keep doing this over time?



Example 1 – My Plan

Plan tailored to what works for me.

Safety Tip:	Be aware of your surroundings.
	• Texting, talking on the phone.
Plan:	tape a reminder on my phone
	cue card that says "aware"
	share goals using a buddy system
	make a safety checklist read once a day
	refresh watch video again to remind myself

Example 1 – Checklist

Daily Read

<input type="checkbox"/>	aware of my surroundings
<input type="checkbox"/>	Have keys in hand
<input type="checkbox"/>	well-lit area
<input type="checkbox"/>	Never risk your personal safety for valuables
<input type="checkbox"/>	
<input type="checkbox"/>	Did I learn anything today to add to safety checklists?

Example 2

Meeting Strangers

Example 2 – Meeting Strangers

This example is activity based.

Seek information that is available:

Online Dating and Personal Safety Information

Summary of Information.

Example 2 - Summary

Personal Information

- How much personal information you give

Tell

- Let friends know where you are, bring cell phone

Money

- Anything suspicious motives such as money

Suspicious

- Report anything suspicious

Two Extra Tips

- Meet in public place or place that you can easily exit
- Stay sober

Example 1 – Checklist

Meet Someone New

- | | |
|--------------------------|--|
| <input type="checkbox"/> | How much Personal information |
| <input type="checkbox"/> | Keep friends in loop |
| <input type="checkbox"/> | Anything suspicious? Report? |
| <input type="checkbox"/> | Meet in public place |
| <input type="checkbox"/> | Stay sober |
| <input type="checkbox"/> | Know your exits |
| <input type="checkbox"/> | Have a way to contact someone if need help |

Conclusion

Suggestions for You

We can Create Plans to be Safe

Further Learning


City of Winnipeg - Crime Prevention

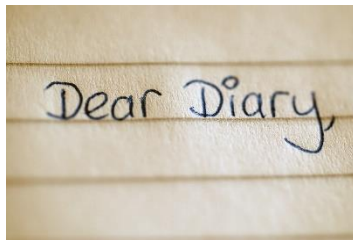
Two things that you are going to do for safety

Thanks

Extra Stuff

Information Incase of an Emergency

EMERGENCY MEDICAL IDENTIFICATION	Medical Information
	
Medical I.D. for: _____	Medical Conditions: _____
Address: _____	Current Medications: _____
City: _____ St: _____ Zip: _____	Dangerous Allergies: _____
In Emergency Call: _____	Pharmacy: _____
Phone#: _____	Phone: _____
Physician: _____	Courtsey of MedIDs.com - Medical I.D. Jewelry
Physicians Phone: _____	Generate Med-ID Card on your computer at MedIDs.com
Date This Card Completed: _____ Blood Type: _____	
(over)	



Source:

Today's Free Stuff. (2013). *Free Printable Medical ID Cards*. Retrieved April 2, 2021, from todaysfreestuff.org/free-printable-medical-id-cards/

References

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